



# ST. MARY'S CATHOLIC SCHOOL

## *SAIN'TS PRIDE Newsletter*

### *Spring Edition 2014 (April/May)*

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#### **Principal's Message**

*Christ is Risen! He is Risen Indeed!*

*"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have ETERNAL life."*

**John 3:16**

- We are now accepting registrations for all grades for the 2012/2013 school year.
- If you have a child that you wish to register please do so at the school office.
- Please pass this registration information on to other parents in your neighborhood.

#### **Highlights from March / April**

##### **Fire Safety Presentation**

Phil Rowe of the Vegreville Fire Department explained fire regulations for the province, fire safety tips and his wealth of experience as a firefighter.



##### **Outdoor Ed. Weiner Roast**

Mr. Kirk's Outdoor Ed II/III class made fires (those with skill did) in the bitter cold and tried Bratwurst

and Sauerkraut. They also had a "few" smores for dessert. Special thanks to Mr. Pesaruk for the repurposed dryer drum fire pits.



##### **Kananaskis**

Thanks to Mr. Salsbury, Ms. Stuart and parent volunteers for the grade 9 Kananaskis trip.



##### **Open House**



St. Mary's hosted an Open House to prospective students and parents. Courtesy of the REAL foundation, singer/ entertainer Jacquie Francois had the students engaged with a faithful twist on modern songs.



##### **Biology Field Trip**

Mrs. Terlesky took her Biology class on an outdoor adventure to study ecology. See the poster of their fun times. (At the back of the newsletter)

##### **Welcome back from Europe**

We welcome back Ms. Stuart and the students who travelled to Greece and Turkey. Opa!

##### **Thinkfast**

Junior and senior high students attended our annual Thinkfast, supervised by Mr. Kobelsky and Mrs. Giffin and Mykaela Sokalski. They ate nothing for 24 hours to

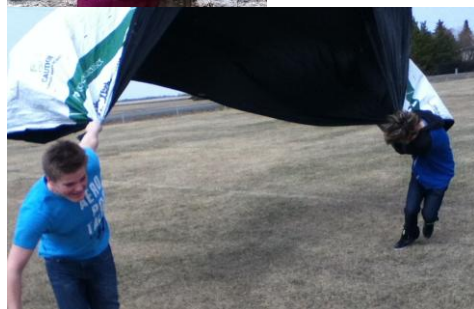


raise funds for Development and Peace. The focus was hunger – solidarity with those who deal with it regularly throughout the world.



### Earth Day

Outdoor and Environmental Education students built a scaled solar hot water heater which preheats water before it goes into a regular hot water heater saving 20-30% on your heat bill.



### Progress Reporting

- The Honours roll is listed at the end of this edition.
- Report cards have been issued but check PowerSchool for the most updated marks on assignments and exams. As well, feel free to call teachers to discuss your child's progress with their teacher anytime throughout the year.
- If a mark is left blank or EXE in Powerschool, it will not be included in the calculation for the final mark.

### Graduation

Graduation mass will be held at Holy Trinity Church on May 20<sup>th</sup> at 5:30 p.m. The Graduation ceremony

will be in the Vegreville Social Centre on Friday, May 23<sup>rd</sup> at 5:30 p.m.. Thanks to Mrs. Giebelhaus for organizing.

### Staff Recognition

EICS will be honouring several St. Mary's staff at the Staff Recognition Night on Monday, May 26<sup>th</sup>, 2014:

5 years Ms. Brownlee  
Mrs. Mayko  
Mr. Miller

20 years Mr. Salsbury  
Retirement Mrs. Mock

### Community Cleanup



St. Mary's will be cleaning up our community as a part of this year's Pitch In campaign – if it ever stops snowing and dries up! We'll keep you posted...

### School Council

- Minutes from our last meeting are posted on the school website in the "Parents" section under "Parent Council".
- Please join us for our next meeting on **May 27 – 6 p.m.** The Educational Society meeting will follow the School Council meeting.

### Badminton

- Congratulations to our High School Badminton team for winning our eleventh consecutive banner!



### Good luck to all of our high school teams at the district meet!

- Thanks to Mr. Grier and Mr. Salsbury for coaching.

- Congratulations to our Junior High Badminton team for winning the EIPS Junior high small school championship! 20 out of our 28 students medaled...way to go!

## Saints Pride!



**EIPS - Junior High "small school" Badminton Championship Trophy**



## Track & Field

• Ready, set Go! Mr. Grier will be organizing Junior High Track and Field this year. Our track meet is scheduled for May 13<sup>th</sup> with the rain out on May 14<sup>th</sup>. EIPS Small School Track meet on May 20<sup>th</sup> and the K of C track meet on May 27<sup>th</sup>. Any parents interested in assisting with our concession, please contact Mr. Kirk.

• Mr. Manderson is coaching our senior track team and has calculated the terminal velocity required of our track athletes.

## Chaplain's Report Mr. Kobelsky



Two popes were canonized saints on April 27. The video talks about Pope Francis' decision to canonize two of his predecessors. Pope John Paul II, the founder of World Youth Day and Pope John XXIII who launched the Second Vatican Council in the 1960's. Well done, good and faithful servants!



**Quid Novum** (Edmonton Archdiocese news) is posted at: [http://www.caedm.ca/Portals/0/documents/archdiocesan\\_offices/quid\\_novum/2014/2014-04-15\\_Bulletin.pdf](http://www.caedm.ca/Portals/0/documents/archdiocesan_offices/quid_novum/2014/2014-04-15_Bulletin.pdf)

Have you ordered your copy of the 2014 Alberta Catholic Directory yet? It has all the information you need in, all in one place:

- Alberta & NWT Parishes
- Dioceses
- Organizations
- Schools
- and much more!

[Click here to download the order form.](#)

## Counselor's Report Ms. Brownlee

### Scholarships and Bursaries

Now is the time to apply for scholarships and bursaries.

### Discovering Your Strengths



**Each one of us has strengths and talents that help us cope with the challenges of life and make us the unique individuals that we are. Here are some tips to identify strengths in order to help us reach our full potential.**

1. Find your talents. If you are unsure of what your talents are there are many online tests which can help you identify them. Also, your friends and family can likely point out what you are best at.
2. Be open to learning. Opportunities for learning present themselves every day. When you come across an obstacle don't give up; try a

new approach, research strategies, or ask for help.

3. Reading is a great way to find new gifts. Find a topic that interests you and do some research on it. Books provide a wealth of knowledge on every subject and can help you work toward forming new strengths.
4. Learn a new skill. Perhaps you have always wanted to learn a second language, how to make a soufflé, or how to change a tire; you can find classes, books, and online resources to help you conquer any skill.
5. There are no stupid questions! Don't be embarrassed if you are unsure of something, asking questions is essential to personal growth.
6. Stay positive! Do not compare yourself to others. It does not matter if someone is more talented than you at a particular skill. What matters is your personal growth and sense of accomplishment.



## Work Experience Mrs. Krill

The next **Green Certificate** test dates **May 21, 22, 23, 2014** at Lakeland College farm. Contact Mrs. Krill for more details or check out her bulletin board.

## Success Coach Amber McClure



**M.O.D.E.L. Noon Hour Programs**



- "Capturing Peace at Lunch" This month on Tuesdays we will be doing relaxation and visualization techniques.
- "Brewin' Time" On Wednesdays I invite junior high students to come eat lunch, enjoy flavored tea and conversation.
- Gym Day on Thursdays

**M.O.D.E.L. Project**

M.O.D.E.L. Project is excited to share FANTASTIC NEWS!! We received confirmation that Mental Health Capacity Building Project across the province will have continued funding going forward! While we have not yet been given specifics around budget, staffing, program changes etc., we are thrilled that M.O.D.E.L. will be funded for another 3 years! We are filled with anticipation, excitement and confidence in knowing that these important programs and a vision for supporting children's mental health has been shown to be a priority in the province of Alberta. Thank you Vegreville for your continued support M.O.D.E.L. Project, and your dedication to our program and vision!

If you interested in joining the MODEL Project advisory group, or

would like to help out with MODEL activities, events or planning, please contact Miss. McClure at St. Mary's or Project Coordinator Kelly at 632-2422.

Follow M.O.D.E.L. Project on facebook for Mental Health Tips, upcoming M.O.D.E.L. Project events and other events within the community.

**Way to Go Tutors!**

Special thanks to our student mentors for tutoring at St. Martin's. Learning is the greatest gift to share.

- Nicole Degrano
- Allia Degrano
- Kariena Badenhorst
- McKinley Mackowecki
- Kayla Powley
- William Quinton
- Robyn Urichuk

- Aurora Yuckim
- Eliana Warawa
- Marissa Kobelsky
- Olivia Kozakiewicz

**Student Services  
Mr. Kirk**

Parents of students with IPP's (Individualized Program Plans). It is time for the final review of IPP goals and to begin planning for next year. Please discuss the final review of goals and strategies with your child's IPP Coordinator if you have not done so already.

**CCAT Tests Grade 8**

Student Services will be administering the CCAT (Canadian Cognitive Ability) tests as an ability screener to check if students are achieving at their ability level. These results are correlated with



the norms from the Canadian Tests of Basic Skills CTBS administered in grade 7. Once scored, parents are welcome to see me to review their child's results.

**Want to know more about ADHD?**

The ADHD Association of Greater Edmonton may be able to help.

[www.adhdedmonton.com](http://www.adhdedmonton.com)

Email:  
adhdgreateredmonton@yahoo.ca

**Community Corner**

**12th Annual REAL Foundation Golf Tournament**

Friday, May 23, 2014, 8:00 a.m. Shotgun Start

Broadmoor Golf Course (Sherwood Park)

Registration, coffee, muffins & fruit start at 7:00 a.m.

Lunch and a short program to follow golf

ENTRY FEE: Complimentary (donations accepted)

To register please contact  
Marg Varga @ 780-632-6091



***Vegreville School of Ballet***



***Year-End Recital***

Thursday, May 1<sup>st</sup> at 6:30 p.m.

Vegreville Social Centre  
Featuring performances in  
Ballet, Tap, Jazz, Lyrical,  
and Hip Hop.  
Please join us.

***St. Mary's is hosting***

***the Fiddlin Kiddlin's***



***Year End Concert***

***Sunday, May 5th at 6:30 p.m.***